



****Entry to gym permitted 15 minutes prior to the Scheduled Warm-up****

Gymnasts will participate in General Warmup & then Proceed to first event

Saturday, March 19th, 2022

**Session 1: Tyro 8 (1), Novice 8 (10), Level 9 (5), Level 10 (6)
– 22 Gymnasts + 1 Novice HP demo**

Warm-up: 8:30am - 8:45am
Competition & Awards: 8:45am – 11:45am

**Session 2: Argo 3 (10), Tyro 3 (15), Novice 3 (2), Novice 4 (5)
– 32 Gymnasts**

Warm-up: 12:15pm - 12:30pm
Competition & Awards: 12:30pm - 3:30pm

**Session 3: Tyro 6 (26), Tyro 7 (3), Aspire 1 (2)
– 31 Gymnasts**

Warm-up: 4:00pm - 4:15pm
Competition & Awards: 4:15pm - 7:15pm

Sunday, March 20th, 2022

**Session 4: Open 6 (6), Novice 7 (15), Open 7 (4), Open 8 (7)
– 32 Gymnasts**

Warm-up: 8:30am - 8:45am
Competition & Awards: 8:45am – 11:45am

**Session 5: Argo 4 (8), Tyro 4 (7), Argo 5 (2), Tyro 5 (3),
Novice 6 (13) – 33 Gymnasts**

Warm-up: 12:15pm - 12:30pm
Competition & Awards: 12:30pm - 3:30pm